LAL4LIFE

CLUB MEDIA GUIDE · 2026-27 · FANTASY BASKETBALL INVITATIONAL

Club colours — the design-slot palette (slot 3, "LAL4LIFE" family in fbi_marks.py): primary #552582 · secondary #fdb927 · accent #17130c.

Club (as recorded on Sleeper): LAL4LIFE · Manager: OnAirON · Power board: No. 10 of 32 (playoff tier) · Roster: 22 players · Roster value (model): 2,778.14 · All-time ledger (2023–2025): 68-23-1 — No. 5 of the 31 managers listed in fbi-league.json

Star core — Nikola Jokić · Donovan Mitchell · Darius Garland · Miles Bridges · Kristaps Porziņģis

A printable media guide for one club of the 32-team dynasty league established in 2023. Everything in it is compiled from the league's verified record — no invented facts, quotes or history. Compiled from the league's verified record — Sleeper league data and the site almanac — as of Oct 26, 2026.

THE CLUB

The Desk's Capsule

Jokić creates the weekly floor, Mitchell adds elite guard scoring, Garland arrives in the Oct 27 blockbuster as a third star, and Bridges, McNeeley and Porziņģis fill complementary frontcourt and wing lanes.

THE ROSTER

Current Roster — 22 Players

Sleeper snapshot of 2026-11-25 (league 1361093445778673664). Roles are as listed by Sleeper (starters, reserve, taxi squad); values are the site's trade-value model (see the colophon for the basis).

Player	Pos	NBA	Role	Value
Nikola Jokić	C	DEN	Starter	949.01
Donovan Mitchell	SG	CLE	Starter	800.56
Darius Garland	PG	LAC	Starter	600.3
Miles Bridges	PF	PHX	Starter	175.46
Aaron Wiggins	SF	ATL	Starter	19.99
Spencer Jones	PF	DEN	Starter	15.8
Harrison Barnes	PF	SAS	Starter	13.68
Micah Peavy	SF	OKC	Starter	8.54
Javonte Green	SF	DET	Starter	1
Kristaps Porziņģis	C	GSW	Reserve	126.51
Nikola Topić	PG	OKC	Roster	11.84
RayJ Dennis	PG	ATL	Roster	8.32
Guerschon Yabusele	C	—	Roster	8.21
Cormac Ryan	PG	MIL	Roster	7
Elijah Harkless	SF	DET	Roster	6
Dariq Whitehead	SF	—	Roster	5.92
Liam McNeeley	SF	CHA	Roster	5
Terance Mann	SF	BKN	Roster	5
Tyson Etienne	SG	—	Roster	5
Jalen Pickett	PG	LAC	Roster	3
Bez Mbeng	PG	—	Roster	1
Trevon Scott	PF	—	Roster	1

Roster value total: 2,778.14 across 22 players (model values as published in trade-values.json, 2026-11-11).

Top Five by Model Value

Player	Value	Basis
Nikola Jokić	949.01	Hashtag Basketball dynasty rank #5
Donovan Mitchell	800.56	Hashtag Basketball dynasty rank #18
Darius Garland	600.3	Hashtag Basketball dynasty rank #40
Miles Bridges	175.46	Hashtag Basketball dynasty rank #134
Kristaps Porziņģis	126.51	Hashtag Basketball dynasty rank #159

Season by Season

No league honours yet — the first chapter is still to be written.

Season	Name used that season	Place	Record	Pts for	Pts against
2025	LAL4LIFE	1	38–0	6,250	3,743

2025 place source: bracket-pair (winner not recorded by Sleeper; pair ordered by regular-season record) (almanac-history.json). Sleeper recorded no 2025 finals winner; the league's recorded 2025 champion is FlyHightothesky, per the site archive.

All-Time Ledger

Per fbi-league.json's all-time table (keyed by manager, 2023–2025): ranked No. 5 of 31 listed managers — record 68-23-1, win rate 73% as listed, 14,214.5 points for and 11,914.5 points against across the three completed seasons.

Season lines are shown only where the almanac's season name matches this club's current name (or its manager's Sleeper name): league clubs have renamed and changed hands between seasons, roster slots were re-dealt, and no other name's seasons are reassigned here. The 2026–27 season opened Oct 20, 2026 and is in progress; its first settled week is carried on the Story page of this guide.

THE STORY SO FAR

Club Story

The 2026–27 season opened Oct 20, 2026. Through Week 5 (November 25, 2026 standings): seed 11 of 32, record 6-4, 1,427.5 points for and 1,375.5 against. On the Oct 26, 2026 power board the club sits No. 10 (playoff tier), with a star core of Nikola Jokić · Donovan Mitchell · Darius Garland · Miles Bridges · Kristaps Porziņģis.

The desk's window for this club: Contender. Its core, on the current roster: Nikola Jokić · Donovan Mitchell.

The Strength

Jokić remains fantasy’s safest weekly foundation after 27.7 points, 12.9 rebounds and 10.7 assists, and Mitchell adds 27.9-point scoring with a new four-year Cleveland extension.

The Concern

Behind the two stars the build can turn top-heavy; Bridges, McNeeley and Porziņģis must keep the complementary lanes productive.

Scouting text: the desk's Team Insights file (team-insights.json), the same read the site's team pages carry.

The Wire

Date	Type	Move (as recorded)
2026-10-29	free agent	dropped E.J. Liddell
2026-10-27	trade	added Darius Garland, Aaron Wiggins, Nikola Topić; traded Tre Jones to Team MilfHunter1111; traded Jaylon Tyson to Team MilfHunter1111
2026-10-25	waiver	added Micah Peavy; dropped Kadary Richmond
2026-10-17	waiver	added Kadary Richmond

The club's most recent moves on the published league wire (league-wire.json); the wire is the league's verified transaction record.

Player Stories

Nikola Jokić — C, DEN. Model value 949.01 (Hashtag Basketball dynasty rank #5). Role on the current roster: starter (Sleeper snapshot of 2026-11-25).

Donovan Mitchell — SG, CLE. Model value 800.56 (Hashtag Basketball dynasty rank #18). He arrived in a trade with Team Jauanaholics (wire record, 2026-08-07). Role on the current roster: starter (Sleeper snapshot of 2026-11-25).

Darius Garland — PG, LAC. Model value 600.3 (Hashtag Basketball dynasty rank #40). He arrived in a trade with Team MilfHunter1111 (wire record, 2026-10-27). Role on the current roster: starter (Sleeper snapshot of 2026-11-25).

Player lines are compiled from trade-values.json, the published wire and Rookie Watch — no quotes, no invented colour.

COLOPHON

About This Guide

Compiled from the league's verified record — Sleeper league data and the site almanac — as of Oct 26, 2026.

Rankings basis: the power board (fbi-league.json, refreshed Oct 26, 2026 by build_power_rankings.py) orders clubs by the sum of the site's trade-value model over each club's current Sleeper roster, star cores are each roster's top five by model value, and the outgoing edition is kept in power-rankings-archive.json. Player values are as published in trade-values.json — the model

converts Hashtag Basketball dynasty rankings at value = 1000 × 0.987^(rank − 1), with a nominal floor of 5 for players off the published board.

Sources: sleeper-rosters.json (2026-11-25T14:28:40Z), sleeper-players.json, fbi-league.json (last updated 2026-11-25), almanac-history.json (2026-10-25T19:20:58.491499+00:00), trade-values.json (2026-11-11T14:29:12Z), team-insights.json, standings.json (2026-11-25T15:05:31Z), league-wire.json and rookie-watch.json (2026-11-25T14:42:57Z). Club identity — name, badge and design-slot colours — follows the site's club record; colours are keyed by club, never by current rank. Where the record is silent, this guide says so rather than filling the gap.

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